

RISK ASSESSMENT FOR RDA INSTRUCTORS

**Risk assessment for every RDA Session in 5 easy steps
Only when the Instructor is satisfied may the session proceed**

1. **Look for hazards** –environs; riding area; waiting area & rider supervision; clothing & footwear (riders, helpers); horse/pony (age, soundness, suitability); tack (fit, suitability, condition); equipment (including mounting facilities and headwear), availability of first aid box, in procedures (e.g. for mounting / dismounting and emergency); appropriate information given (including rider & helper Application Forms).
 2. **Decide who might be harmed and how** –rider, horse/pony, helper, spectators, self, others
 3. **Evaluate the risks and decide whether the existing precautions are adequate or whether more should be done** – rearrange / alter / modify / remediate what is necessary to your satisfaction.
 4. **Note your findings.**
 5. **Review assessment and revise if necessary throughout the session.** Record session, with any comments relating to health & safety and notes of any amendments made, plan and modify for the next session.
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